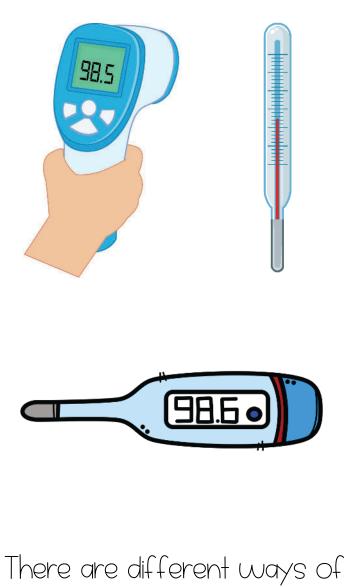




There are times when I need to get my temperature taken.





taking a temperature.

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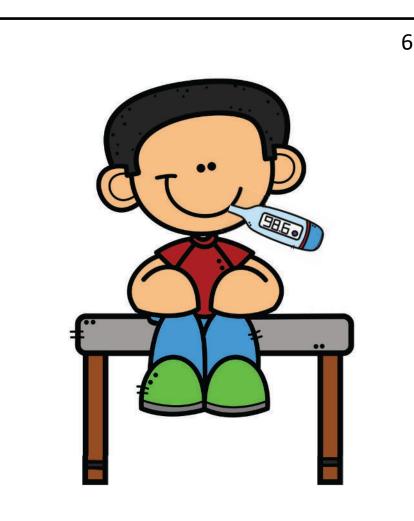


Sometimes a temperature is taken without touching me. The thermometer is held up in front of my face.



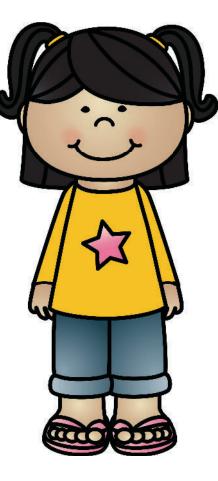
Other times the thermometer touches me and moves across my forehead.

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Another way to measure my temperature is by putting a thermometer into my mouth. It usually goes under my tongue.

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## I should try to be still when an adult takes my temperature.

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If I have a high temperature, I might need to take some medicine. I should also rest.



It is important to get my temperature taken sometimes. I will get used to it.

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